

Weekly Heads Up



BELIEVE. GROW. SHINE.

W/c 8th June 2026

NEWS THIS WEEK:

OUR VALUE OF THE WEEK:

Our focus value of the week will be **KOINONIA** and from Monday, 8th – Friday 12th June children will receive 2 Dojo points or every **KOINONIA** Dojo awarded.

PSHE/RSE CURRICULUM CONSULTATION

Mrs Smith and Mrs Jones will be hosting a parent workshop on **Wednesday 1st July at 2:45pm** to provide information about the statutory changes to the PSHE and Relationships and Sex Education (RSE) curriculum.

This session will give parents an opportunity to learn more about the curriculum content, ask questions, and share their views as part of our consultation process.

For parents who are unable to attend during the school day, the information shared at the workshop will be made available to you afterwards. Further information will follow shortly.

We look forward to welcoming you and value your feedback.

ONLINE SAFETY

Helping children stay safe online is a shared responsibility. Regular conversations about online activity, setting appropriate parental controls, and encouraging children to speak to a trusted adult if they have any concerns can help them to use technology safely and responsibly.

Useful information and guidance for parents can be found at:

- [NSPCC Online Safety Hub](#)
- [Internet Matters](#)
- [Thinkuknow \(CEOP\)](#)
- [UK Safer Internet Centre](#)

These sites provide practical advice on topics such as social media, gaming, parental controls, screen time, and supporting children to navigate the online world safely.

LUNCHES: It is Week 2 on the School Dinner Menu. To check this week's options, please go to: <https://www.risbyprimary.com/school-dinners/>



DIARY DATES

JUNE

8th-12th- Year 1 Phonic Screening Check week & Year 4 Multiplication Tables Check week

12th- Year 5 County High Workshop

18th- Year 1 Colchester Zoo trip

23rd - Year 5 WCET Festival

JULY

1st- RSE Parent Consultation

1st- Year 5 Zoology trip

6th-10th - Active Week

7th- Crucial Crew Year 6 @ WSC

8th - Sports Day

10th - Summer Fete

15th - Move Up Morning

17th - Last day of term

NEW LUNCHBOX OPTION

Please note that children with allergies are not able to have the new packed lunch option at this time. This is to ensure the safety and wellbeing of all children with dietary and allergy requirements.



MONDAY

Chicken Korma served with Rice & Seasonal Vegetables

TUESDAY

Meat Feast Wholemeal Pizza served with Jacket Potato Wedges, Crunchy Carrot & Cucumber Sticks

WEDNESDAY

Roast Pork served with Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy

THURSDAY

Meatballs in a Tomato Sauce served with Pasta, Homemade Wholemeal Garlic & Herb Bread and Seasonal Vegetables

FRIDAY

Breaded Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup

MAIN MEAL

Vegetable Burger in a Bun served with Sliced Sauté Potatoes, Peas & Sweetcorn

Cheese & Tomato Wholemeal Pizza served with Jacket Potato Wedges, Crunchy Carrot & Cucumber Sticks

Quorn Fillet Roast served with Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy

Vegan Meatballs in a Tomato Sauce served with Pasta, Homemade Wholemeal Garlic & Herb Bread and Seasonal Vegetables

Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE

Jacket Potato with Choice of Toppings served with Fresh Salad

Jacket Potato with Choice of Toppings served with Fresh Salad

Jacket Potato with Choice of Toppings served with Fresh Salad

Jacket Potato with Choice of Toppings served with Fresh Salad

Jacket Potato with Choice of Toppings served with Fresh Salad

JACKET POTATO

Cheese or Ham Bap with Tortilla Chips Duo of Salad Sticks & Dessert

Cheese or Ham Bap with Tortilla Chips Duo of Salad Sticks & Dessert

Cheese or Ham Bap with Tortilla Chips Duo of Salad Sticks & Dessert

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LUNCHTIME LUNCHBOX

Choose One of Our Fabulous Desserts
Chocolate Crispy Cake
Fruity Jelly
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Strawberry Mousse
Fruit Yoghurt & Coulis
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Sprinkle Cookie
Fruity Jelly
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Marble Shortbread
Fruit Yoghurt & Coulis
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Lemon Cake
Fruity Jelly
Fresh Fruit Pot

DESSERTS

Making lunchtime the highlight of your day

FOOTBALL FEVER



THURSDAY 11TH JUNE

Stadium Slider Beef Burger

or Vegetable Burger

Served with

Golden Goal Potatoes Wedges

& Mini Corn on the Cob

or Goalie Garden Salad

Followed by

The final Whistle Chocolate mousses

with chocolate crumb

Or

Fresh Fruit pot

LUNCHTIME CO[®]