

	<b>Me and my Relationships</b>	<b>Valuing Difference</b>	<b>Rights and Respect</b>	<b>Being my Best</b>	<b>Keeping Safe</b>	<b>Growing and Changing</b>
<b>EYFS</b>	<ul style="list-style-type: none"> <li>• What makes me special</li> <li>• People close to me</li> <li>• Getting help</li> </ul>	<ul style="list-style-type: none"> <li>• Similarities &amp; difference</li> <li>• Celebrating difference</li> <li>• Showing kindness</li> </ul>	<ul style="list-style-type: none"> <li>• Looking after things: friends, environment, money</li> </ul>	<ul style="list-style-type: none"> <li>• Keeping my body healthy: food, exercise, sleep</li> <li>• Growth Mindset</li> </ul>	<ul style="list-style-type: none"> <li>• Keeping my body safe</li> <li>• Safe secrets &amp; touches</li> <li>• People who help to keep us safe</li> </ul>	<ul style="list-style-type: none"> <li>• Seasons</li> <li>• Life stages</li> <li>• Getting bigger</li> </ul>
<b>Y1</b>	<ul style="list-style-type: none"> <li>• Feelings</li> <li>• Getting help</li> <li>• Classroom rules</li> <li>• Special people</li> <li>• Being a good friend</li> </ul>	<ul style="list-style-type: none"> <li>• Recognising, valuing &amp; celebrating difference</li> <li>• Developing respect &amp; accepting others</li> <li>• Bullying &amp; getting help</li> </ul>	<ul style="list-style-type: none"> <li>• Taking care of things: Myself, my money; my environment</li> </ul>	<ul style="list-style-type: none"> <li>• Growth Mindset</li> <li>• Healthy eating</li> <li>• Hygiene &amp; health</li> <li>• Cooperation</li> </ul>	<ul style="list-style-type: none"> <li>• How our feelings can keep us safe – including online safety</li> <li>• Safe &amp; unsafe touches</li> <li>• Medicine Safety</li> <li>• Sleep</li> </ul>	<ul style="list-style-type: none"> <li>• Healthy me</li> <li>• Then and now</li> <li>• Taking care of a baby</li> <li>• Who can help?</li> <li>• Surprises and secrets</li> <li>• <a href="#">Keeping privates private</a></li> </ul>
<b>Y2</b>	<ul style="list-style-type: none"> <li>• Bullying &amp; teasing</li> <li>• Our school rules about bullying</li> <li>• Being a good friend</li> <li>• Feelings/self-regulation</li> </ul>	<ul style="list-style-type: none"> <li>• Being kind &amp; helping others</li> <li>• Celebrating difference</li> <li>• People who help us</li> <li>• Listening Skills</li> </ul>	<ul style="list-style-type: none"> <li>• Cooperation</li> <li>• Self-regulation</li> <li>• Online safety</li> <li>• Looking after money: Saving &amp; spending</li> </ul>	<ul style="list-style-type: none"> <li>• Growth Mindset</li> <li>• Looking after my body</li> <li>• Hygiene &amp; health</li> <li>• Exercise &amp; sleep</li> </ul>	<ul style="list-style-type: none"> <li>• Safe &amp; unsafe secrets</li> <li>• Appropriate touch</li> <li>• Medicine safety</li> </ul>	<ul style="list-style-type: none"> <li>• A helping hand</li> <li>• Sam moves away</li> <li>• Haven't you grown</li> <li>• <a href="#">Respecting privacy</a></li> <li>• Some secrets should never be kept</li> </ul>
<b>Y3</b>	<ul style="list-style-type: none"> <li>• Rules &amp; their purpose</li> <li>• Cooperation</li> <li>• Friendship (including respectful relationships)</li> <li>• Coping with loss</li> </ul>	<ul style="list-style-type: none"> <li>• Recognising &amp; respecting diversity</li> <li>• Being respectful &amp; tolerant</li> <li>• My community</li> </ul>	<ul style="list-style-type: none"> <li>• Skills we need to develop as we grow up</li> <li>• Helping &amp; being helped</li> <li>• Looking after the environment</li> <li>• Managing money</li> </ul>	<ul style="list-style-type: none"> <li>• Keeping myself healthy &amp; well</li> <li>• Celebrating &amp; developing my skills</li> <li>• Developing empathy</li> </ul>	<ul style="list-style-type: none"> <li>• Managing risk</li> <li>• Decision-making skills</li> <li>• Drugs &amp; their risks</li> <li>• Staying safe online</li> </ul>	<ul style="list-style-type: none"> <li>• Relationship tree</li> <li>• Body space</li> <li>• None of your business!</li> <li>• Basic First Aid</li> </ul>
<b>Y4</b>	<ul style="list-style-type: none"> <li>• Healthy relationships</li> <li>• Listening to feelings</li> <li>• Bullying</li> <li>• Assertive skills</li> </ul>	<ul style="list-style-type: none"> <li>• Recognising &amp; celebrating difference (including religions &amp; cultural difference)</li> <li>• Understanding &amp; challenging stereotypes</li> </ul>	<ul style="list-style-type: none"> <li>• Making a difference (different ways of helping others or the environment)</li> <li>• Media influence</li> <li>• Decisions about spending money</li> </ul>	<ul style="list-style-type: none"> <li>• Having choices &amp; making decisions about my health</li> <li>• Taking care of my environment</li> <li>• My skills &amp; interests</li> </ul>	<ul style="list-style-type: none"> <li>• Managing risk</li> <li>• Understanding the norms of drug use (cigarette &amp; alcohol use)</li> <li>• Influences</li> <li>• Online safety</li> </ul>	<ul style="list-style-type: none"> <li>• Moving house</li> <li>• My feelings are all over the place!</li> <li>• Secret or surprise?</li> <li>• Together</li> </ul>
<b>Y5</b>	<ul style="list-style-type: none"> <li>• Feelings</li> <li>• Friendship skills, including compromise</li> <li>• Assertive skills</li> <li>• Cooperation</li> <li>• Recognising emotional needs</li> </ul>	<ul style="list-style-type: none"> <li>• Recognising &amp; celebrating difference, including religions &amp; cultural</li> <li>• Influence &amp; pressure of social media</li> </ul>	<ul style="list-style-type: none"> <li>• Rights, respect &amp; duties relating to my health</li> <li>• Making a difference</li> <li>• Decisions about lending, borrowing &amp; spending</li> </ul>	<ul style="list-style-type: none"> <li>• Growing independence &amp; taking ownership</li> <li>• Keeping myself healthy</li> <li>• Media awareness &amp; safety</li> <li>• My community</li> </ul>	<ul style="list-style-type: none"> <li>• Managing risk, including online safety</li> <li>• Norms around use of legal drugs (tobacco, alcohol)</li> <li>• Decision-making skills</li> </ul>	<ul style="list-style-type: none"> <li>• How are they feeling?</li> <li>• Taking notice of our feelings</li> <li>• Dear Ash</li> <li>• <a href="#">Growing up &amp; changing bodies</a></li> <li>• <a href="#">Changing bodies &amp; feelings</a></li> <li>• Help! I'm a teenager – get me out of here!</li> </ul>
<b>Y6</b>	<ul style="list-style-type: none"> <li>• Assertiveness</li> <li>• Cooperation</li> <li>• Safe/unsafe touches</li> <li>• Positive relationships</li> </ul>	<ul style="list-style-type: none"> <li>• Recognising &amp; celebrating difference</li> <li>• Recognising &amp; reflecting on prejudice-based bullying</li> <li>• Understanding Bystander behaviour</li> <li>• Gender stereotyping</li> </ul>	<ul style="list-style-type: none"> <li>• To understand media bias, including social media</li> <li>• Caring: communities and the environment</li> <li>• Earning and saving money</li> <li>• Understanding democracy</li> </ul>	<ul style="list-style-type: none"> <li>• Aspirations &amp; goal setting</li> <li>• Managing risk</li> <li>• Looking after my mental health</li> </ul>	<ul style="list-style-type: none"> <li>• To understand emotional needs</li> <li>• Staying safe online</li> <li>• Drugs: norms and risks (including the law)</li> </ul>	<ul style="list-style-type: none"> <li>• I look great!</li> <li>• Media manipulation</li> <li>• Pressure online</li> <li>• Helpful or unhelpful? Managing change</li> <li>• Is this normal?</li> <li>• <a href="#">Making babies</a></li> </ul>